

Primary Care Resources Order Form

Michigan Department of Community Health

Please write in the desired number of copies (up to 100) in front of each item being ordered.
It may be possible to accommodate larger requests for some items. Contact Amber for details.

Hypertension

- ___ Less Salt Better Health (Salt Shaker shaped patient education handout)
- ___ You Can Control Your High Blood Pressure (Bookmark)
- ___ DASH Eating Plan: DASH to Good Health (tri-fold brochure)
- ___ B.P. Tracking Card ((6x3 card with spaces to record blood pressures, weight, lipid profile and tests)

Tobacco Cessation

- ___ Tobacco Quit Line "You can Quit" (Poster with tear off phone numbers)
- ___ Tobacco Quit Line "You Can Quit" (business cards with Quit Line number)

MI Healthier Tomorrow

- ___ Pledge to lose 10% of weight /Daily Plan for a Healthier Tomorrow, (2 sided 5X 8 card)

Michigan PATH (Six week, peer led, self-management workshop for persons with chronic illness)

- ___ **MI PATH** (trifold informational brochure)

Enhance Fitness (group exercise program for adults at all levels of fitness)

- ___ Enhance Fitness (trifold informational brochure)

Cancer

- ___ A Parent's Guide to Preventing Cancer Through HPV Vaccination (Brochure)
- ___ Colorectal Cancer Screening Saves Lives (Brochure in English)
- ___ Colorectal Cancer Screening Saves Lives (Brochure in Spanish)
- ___ End Cervical Cancer in our lifetime: Pass it on... (Brochure)
- ___ Get to Know your Family Health History (Poster)
- ___ Making the Choice: Deciding What to Do About Early Stage Prostrate Cancer (30 page booklet)
- ___ MCC Guidelines for the Early Detection of Colorectal Cancer- (1 sheet summary of recommendations)

To Place an Order, please complete the following information:

Name	Title
Organization	
Mailing Address	
Email:	Phone Number:
Plan for Distribution	
Email or fax form to: Amber Matthews MatthewsA1@michigan.gov Fax: (517)335-9461	